PG DEPARTMENT OF COUNSELLING PSYCHOLOGY & COUNSELLING CENTRE

St. Joseph's College (Autonomous), Tiruchirappalli - 02

A seminar on

Freedom from STRE SS

for the Department of COMMERCE CA



CHIEF GUEST

Rev. Dr. L. John Peter Arulanandam, SJ Vice Principal

FELICITATION Dr. J. Rajees Head, Dept. of Commerce CA

RESOURCE PERSON

Rev. Dr. Emmanuel Arockiam, SJ

Head, Dept. of Counselling Psychology

Time: 2.30 P.M. - 4.30 P.M.

Venue: JUBILEE HALL Date: 06/09/2022 Registration fee Rs. 30

Organising committee Ms. Christeela (Counsellor) Ms. Shylin (Counsellor)