



ST. JOSEPH'S COLLEGE (AUTONOMOUS)

Special Heritage Status Awarded by UGC,

Accredited at A⁺⁺ (4th cycle) by NAAC,

College with Potential for Excellence by UGC,

DBT-STAR & DST-FIST Sponsored College

Tiruchirappalli 620 002

GIRL STUDENTS' WELFARE COMMITTEE

cordially invites you to

YOGA TRAINING PROGRAMME

Date: 7th Feb 2024

Time: 12 PM TO 1.30 PM

Venue: Community Centre

Yoga Instructor

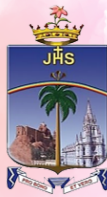
S.KALPANA

B.Com, M.A.Yoga

Professor

Manavala Kalai Mandram Trust, Trichy

All are invited!



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Tiruchirappalli 620 002

GIRL STUDENTS' WELFARE COMMITTEE

cordially invites you to

YOGA TRAINING PROGRAMME

Date: 7th Feb 2024

Time: 5 PM TO 6.30 PM

Venue: Community Centre

Yoga Instructor

S.KALPANA

B.Com, M.A.Yoga

Professor

Manavala Kalai Mandram Trust, Trichy

All are invited!