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## **PG Department of Commerce Computer Application** St. Joseph's College (Autonomous)



(Accredited at A++ Grade (4th Cycle) by NAAC, Special Heritage Status by UGC)

Tiruchirappalli - 620002. Tamil Nadu



## **Exhibition on**

## STRESS MANAGEMENT

Inaugurated & Felicitated by

## Dr. P. Rajendran

**Deputy Principal** St. Joseph's College (Autonomous) Tiruchirappalli



Asst. Professor & Mentor (IM.Com CA) Department of Commerce CA St. Joseph's College (Autonomous) Tiruchirappalli



31.01.2023

TUESDAY @ 3.30 PM

**VENUE** 

R.NO: 24 (LAWLEY HALL)

Dr. J. Arputha Sahaya Raj

Organising Secretary

**Prof. Irine Auxilia Mary** 

Organising Secretary

Dr. S. Arumugam

**Association President** 

Dr. J. Rajees

HOD