



TRAINING & PLACEMENT CELL

St. JOSEPH'S COLLEGE (AUTONOMOUS)

TIRUCHIRAPPALLI – 620 002



**One Day Inter-Collegiate Employability Skills Enhancement Workshop
on**

“Enhancing Inner Excellence and Personal Effectiveness”

Date : 30.07.2019

Time : 9.00 am – 5.00 pm

Venue : MCA Seminar Hall / Placement Office

For Registration and Further details contact:

97900 14158 / 94425 14814

Email: Placement@mail.sjctni.edu

Fees: Rs. 300/-

(inclusive of Tea, Lunch & Certificate)

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ENHANCING INNER EXCELLENCE AND PERSONAL EFFECTIVENESS

One Day Inter-Collegiate Employability Skills Enhancement Workshop for Final Year Students of UG/PG

Date: 30.07.2019

PROGRAMME SCHEDULE

Venue :
MCA Seminar Hall / Placement Office

08.30 am to 09.00 am

Registration

09.00 am to 09.10 am

Inauguration/ Felicitation

Rev.Dr.S.Peter SJ, Secretary

Rev.Dr.M.Arockiasamy Xavier SJ, Principal

09.10 am to 09.15 am

Introduction

09.15 am to 09.30 am

Ice Breaking/ Callisthenics

9.30 am to 11.15 am

SELF – DEVELOPMENT PROCESS

Dr.M.Mahendran, Director, Training, Placement & Corporate Relations, SJC

Dr.S.John Bosco, Assistant Professor, Department of English, SJC

Self Concepts and Self-Constructs/Self-Identity/Self-Image/ Self-Esteem/
Self-Confidence/Self-Efficacy/Self-Awareness/ Interest Awareness/
Hopes and Dreams/Vision and Mission/ Values and Principles/
Emotions and Feelings/ Beliefs/Attitude/ Character/Self-Assessment/
Strategic Development Plan/ Goal Setting/Habit Formation/Skill Enhancement/
Mental Conditioning/ Leadership/Career Discovery

11.15 am to 11.30 am

Tea Break

11.30 am to 01.30 pm

Mastering Soft Skills

Dr.K. Alex, Associate Professor, Department of Commerce, SJC

Self Management Skills/People Skills/ Social Skills/Thinking Skills

01.30 pm to 02.00 pm

Lunch Break

02.00 pm to 03.15 pm

Corporate Companies' Expectations

Dr. M.Mahendran, Director, Training, Placement & Corporate Relations, SJC

Prof. Hermon Carduz, Assistant Professor, Department of Human Excellence, SJC

Effective Communication Skills/Problem Solving Skills/ Analytical Skills/
Human Relations Skills/ Break Through/ Innovation / Creativity /
Team Building/Motivation/Emotional Intelligence/Learnability/ Adaptability/
Performance and Result Oriented

03.15 pm to 04.30 pm

Enhancing Employability Skills

Dr.K.Alex, Associate Professor, Department of Commerce, SJC

Prof.A.Irudaya Jothi, Assistant Professor, Department of Chemistry, SJC

Attitude towards Aptitude Test

Bio-Data, Resume and C.V - Differences

Resume / C.V Preparation / Essentials of Group Discussion/ Mock Group
Discussion Practice

Interview – Personal, Technical and HR/Mock Interview Practice

04.30 pm to 05.00 pm

Valedictory Function / Certificate Distribution

Mr.R. Manoharan, Proprietor, Banana Leaf Group of Restaurants, Tiruchirappalli.

Dr.L. Arockiam, Dean, School of Computing Sciences, SJC