



DEPARTMENT OF COMMERCE COMPUTER APPLICATIONS

ST. JOSEPH'S COLLEGE (Autonomous)



Accredited at A++ (4th Cycle) by NAAC, Special Heritage Status by UGC, 25th Rank in NIRF 2025,
College with Potential for Excellence by UGC, DBT-STAR & DST-FIST Sponsored College.

Tiruchirappalli, Tamil Nadu.

WELLNESS CLUB

organises

Guest Lecture on

Human Physical and Psychological wellbeing

RESOURCE PERSON

Mr. D. Rinaldo De David

Assistant Professor

Department of BBA

St. Joseph's College (Autonomous)

Trichy



03 | 12 | 2025

02:00 pm - 03:00 pm

Room No : 14 (Lawley Hall Block)

Dr. R. Arul
Vice President

Dr. J. Arputha Sahaya Raj
President

Dr. H. Lakshmi Priya
Club In-Charge

Dr. N. Maheswari
Head

All are invited