



DEPARTMENT OF B.COM BUSINESS ANALYTICS



St. Joseph's College (Autonomous)

Accredited at A++ Grade (Cycle IV) by NAAC, Special Heritage Status Awarded by UGC
College with Potential for Excellence by UGC, DBT – STAR & DST – FIST Sponsored College
25th Rank in NIRF 2025

Tiruchirappalli-620 002, Tamil Nadu, India

cordially invites you to the

Mental Well - being Programme

on

Mechanisms Of Inner Awareness



24th JANUARY, 2026



11 : 30 AM



AV Hall

Felicitation

Ms. C. F. Octovia Antony Sessammal
Vice Principal (Shift-II)

Resource Person

Ms. Vanitha Kandasamy
Student Counsellor
St. Joseph's College, Tiruchirappalli

Head of the Department

Dr. G. John

President

Ms. H. Bella Josepha

Vice - President

Mr. S. Santhosh

