



**DEPARTMENT OF COMMERCE STRATEGIC FINANCE**

## **ST. JOSEPH'S COLLEGE (AUTONOMOUS)**

Accredited at A++ Grade (Cycle IV) by NAAC, Special Heritage Status Awarded by UGC

College with Potential for Excellence by UGC, 25<sup>th</sup> Rank in NIRF 2025

Tiruchirappalli - 620002, Tamil Nadu, India.

*organizes*

## **CAPACITY DEVELOPMENT PROGRAMME**

**ON**

## **MENTAL WELLNESS AND HABIT FORMATION**

**DATE : 15/12/2025**

**TIME : 11.30 AM**

**FELICITATION**

***Rev. Dr. S. Arul Oli SJ***

**VICE PRINCIPAL (SHIFT - II)**

**RESOURCE PERSON**

***CA .P. Kalyana sundaram***

**PRACTICING CHARTERED ACCOUNTANT**

MRS. A. MARY MAGDALENE

**HEAD OF THE DEPARTMENT**